

# manna

## Summer Sets

### *Knead to Know Basis* 8

Italian bread | cultured butter | jam

### *Q: How do fish communicate?*

*A: Shell phones.* # 3.5

NC oyster | pickled onion sorbet | apple mignonette | chile oil

### *Des Moines Farmer's Market* 12

Acorn squash | mixed greens | goat cheese |  
almonds | bacon vinaigrette

### *Reel Deal* 15

local Mackerel | potato hash | Shishitos | dill | aioli

### *Soup Doggie Dogg* 10

tomato | basil | grilled cheese sando | pumpkin seeds

### *The Grate Gatsby* 12

artisan cheeses | accoutrement | (add one meat +6)

*"I can't sleep good when i know the food is feeling cold in the fridge"*

*--Confucius*

### *Charlie Parker* 33

half chicken | Carolina Gold risotto |  
Butternut squash | green beans | jus

### *Pig League Ball Pork* 30

Hickory smoked pork chop | BBQ'd peas |  
Tokyo turnips | boiled peanut jus

### *Hook, Line & Sinker* 31

Speckled trout | squash | tomato | corn | soubise

### *Fred Flynn-Stone #* 40

filet of beef | brussels sprouts |  
potatoes | carrots

Top Dog: Carson Jewell

*# Consuming raw or undercooked meats, poultry, seafood, shellfish,  
or eggs may increase your risk of food-borne illness*

*manna utilizes the freshest, most local ingredients possible in every recipe.  
Practically everything that is presented for your consumption is prepared here  
by our culinary team with extra love & plenty of attention.*