manna

Summer Sets

Knead to Know Basis  8
Italian bread | cultured butter | jam

Q: How do fish communicate?
A: Shell phones.  #  3.5
NC oyster | pickled onion sorbet | apple mignonette | chile oil

Des Moines Farmer’s Market  12
Acorn squash | mixed greens | goat cheese | almonds | bacon vinaigrette

Reel Deal  15
local Mackerel | potato hash | Shishitos | dill | aioli

Soup Doggie Dogg  10
tomato | basil | grilled cheese sando | pumpkin seeds

The Grate Gatsby  12
artisan cheeses | accoutrement | (add one meat +6)

“I can’t sleep good when i know the food is feeling cold in the fridge”
--Confucius

Charlie Parker  33
half chicken | Carolina Gold risotto | Butternut squash | green beans | jus

Pig League Ball Pork  30
Hickory smoked pork chop | BBQ’d peas | Tokyo turnips | boiled peanut jus

Hook, Line & Sinker  31
Speckled trout | squash | tomato | corn | soubise

Fred Flynn-Stone  #  40
filet of beef | brussels sprouts | potatoes | carrots

Top Dog: Carson Jewell

# Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness

manna utilizes the freshest, most local ingredients possible in every recipe. Practically everything that is presented for your consumption is prepared here by our culinary team with extra love & plenty of attention.